

Product Picks for the Summer from Graper Cosmetic Surgery

Did you know that the sun protection factor (SPF) that you see on the labels of most sunscreens refers to only the UVB rays of the sun? Dr. Robert Graper of Graper Cosmetic Surgery says that these labels can be misleading because the sun protection factor indicated on the label does not apply to the UVA rays.

“Both cause cancer,” says Dr. Graper, “and you must protect your skin from both. UVB rays cause redness and UVA cause browning and aging. If you are blocking the burn (UVB) but not the browning or aging of your skin (UVA), you are still at risk for skin cancer and premature aging of the skin. Exposure to the sun is the most important factor in premature aging. If you want no red spots, brown spots, white spots or leathery skin, it is best to stay out of the sun.”

If you want to enjoy the outdoor world, protect your skin with the right sunscreen that has an SPF for both UVA and UVB. Dr. Graper recommends **ANTHELIOS 60 BY LA ROCHE POSAY**, the only product currently on the market that lists a sun protection factor for both.

Anthelios sunscreens contain Mexoryl, a patented molecule that when combined with other sunscreen filtering ingredients, offers broad spectrum protection from BOTH UVA and UVB rays—something no other sunscreens offer. They are also photostable (they don't degrade when exposed to sunlight), and the attributes of Mexoryl allow it to be formulated into very high SPF formulations, such as found in **ANTHELIOS XL SPF 60**, offering the ultimate in sun protection.



Body Bronze Products, Inc.

was founded by a Dermatologist and a Skin Cancer patient in order to provide the most unique self-tanning line on the market.

BODY BRONZE BY BRONZE, M.D. is designed to create the most natural looking tan for all skin types, instantly. The unique formulations have an olive color base that negates any orange coloration to the skin. It's non-greasy, streak-free, smells nice (we promise!) and is quick drying.

Are you looking for the perfect way to keep your skin hydrated this summer without that heavy, sticky feeling? Lock in precious moisture in the hot Carolina sun with the new **HYDRATING COMPLEX FROM SKINMEDICA®**. This hyaluronic acid rich serum

helps to replenish thirsty skin, providing instant and long term hydration to maintain firmness and overall elasticity, keeping skin looking younger. Your skin feels smooth and soft after applying Hydrating Complex, and it can be used alone or in combination with other products you may have. *

Products are available at Graper Cosmetic Surgery. Call 704.375.7111 or visit grapercosmeticsurgery.com.



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