

What Is a Liquid Lift?

By Robert Graper, MD, FACS

The Liquid Lift is a term that is commonly used to refer to a combination of injections that temporarily give the appearance of a traditional surgical face-lift. This procedure entails injecting



Botox® Cosmetic or Dysport® to temporarily eliminate crow's feet around the eyes and wrinkles in the forehead. Dermal fillers, such as Juvederm®, Restylane®, Radiesse®, and Sculptra®, are injected to temporarily

fill in lines and folds in the skin—such as the nasolabial folds (marionette lines) around the mouth—plump up lips, lift corners of the mouth, and generally fill in areas that are less youthful because they have lost volume. The face moves down and in as we age; in a youthful face the volume is up and out. An example is high cheekbones in youth vs. jowls in aging. Volume restoration and fillers or fat transfers, the process of using your own fat transplanted to the different areas, will help.

The Liquid Lift is done in the office under topical anesthesia in minutes with basically no down time. One could boost this effect with good skin care, MicroLaser Peels, and good nutrition.

A traditional surgical face-lift works great when one wants a more permanent solution and there is extra skin, fat, and loose muscle that the Liquid Lift is just not strong enough to handle. Your American Society of Plastic Surgeons—board-certified plastic surgeon can help you decide which is right for you.



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